

Lesson Plan 13

Red Midnight

by Ben Mikaelson

Introductory Exercise - On a separate sheet of paper, please complete the following, skipping a line between responses. PLEASE DO NOT include anything that is private—or that makes you uncomfortable.

PART I – Solo

1. Write your definition of (a) courage (b) hope.
2. Write brief dictionary definitions of courage and hope.
3. What is the most frightening situation you (or someone you know) have/has confronted?
4. How did you/they handle the fear?
5. Do you think you could be totally responsible for the survival of a young sibling? Yes No Explain, please.
6. Have you ever experienced true hunger?
7. What would you be willing to eat in order to survive?
8. Do you think physical discomfort can be overcome by “mind over matter” to a certain extent?
9. Do you think you function well in a crisis?
10. Do you enjoy water sports? Do you know someone who fears water?

PART II - Part II: Duo, trio, or quartet.

Working duo, trio, or quartet, choose a leader and a recorder. The leader will guide the discussion, and the recorder will make notes about responses. (For example, in question #1 agree on a personal definition of courage and ask the recorder to note that. You may omit #2.) All group members should be prepared to share responses with the large group at the conclusion of Part II.